

## FREE CONSENT WORKSHOPS

For schools and colleges in Nottingham City,  
Broxtowe, Gedling & Rushcliffe.

In response to the [Everyone's Invited web site](#), the subsequent **national police investigation** of named schools, The [Rapid Response Ofsted report of sexual abuse in schools and Colleges](#) and the recently aired [Panorama episode Who is looking after our kids?](#) NUH Sexual Health

Promotion and Outreach Team have developed a number of free workshops to support schools, alternative education providers, colleges and Universities to raise issues of consent, healthy sexual relationships and pornography to challenge the normalisation of sexual harassment, sexual violence and rape culture described as both normalised and damaging our children and young people's healthy sexual development.



These will be delivered virtually and can be offered to mixed or single sex groups/classes, working within the national RSHE framework and Guidance from Key Stage 3 upwards.

### RSHE Framework - Consent

	Y7	Y8	Y9	Y10	Y11	Y12	Y13
The characteristics of positive and healthy friendships (in all contexts, including online) including trust, respect, honesty, kindness, generosity, boundaries, privacy, consent and the management of conflict, reconciliation and ending relationships. This includes different (non-sexual) types of relationship.	✓	✓	✓	✓	✓	✓	✓
The concepts of, and laws relating to, sexual consent, sexual exploitation, abuse, grooming, coercion, harassment, rape, domestic abuse, forced marriage, honour-based violence and FGM, and how these can affect current and future relationships	✓	✓	✓	✓	✓	✓	✓
How people can actively communicate and recognise consent from others, including sexual consent, and how and when consent can be withdrawn (in all contexts, including online)	✓	✓	✓	✓	✓		
How to recognise the characteristics and positive aspects of healthy one-to-one intimate relationships, which include mutual respect, consent, loyalty, trust, shared interests and outlook, sex and friendship		✓	✓	✓			

Please see below for further information/background and if you are interested in booking please contact [outreachandhealthpromotion@nuh.nhs.uk](mailto:outreachandhealthpromotion@nuh.nhs.uk) or T: 07812 275241 to discuss.

## Background

In June 2020, after watching the BBC television series *I May Destroy You* (2020), Soma Sara began sharing her personal experiences of rape culture via social media platform Instagram. In response, she received messages from people who could relate to her experiences and those who shared their own experiences of misogyny, harassment, sexual abuse and sexual assault. Within a week, she had received and shared over 300 anonymous responses. She used this as grounds to launch *Everyone's Invited*.<sup>[</sup>

The Instagram campaign encourages victims, mostly in schools, to share their experiences of rape culture, sexual harassment, slut-shaming, coercion into sex or sharing of nude photographs and more, anonymously, in what the organisation calls "testimony". In March 2021, following the death of Sarah Everard,<sup>[11]</sup> these testimonies saw a rise in popularity, going "viral". As of 10 June 2021, 16,554 testimonies had been submitted (now 50,000). Though no individuals are mentioned in the testimonies, schools are.

Sara says that sex education in schools is the "root of the problem",<sup>[4]</sup> and that a more comprehensive programme is needed.

In March 2021, the Metropolitan Police began contacting schools which they could identify from the *Everyone's Invited* testimonies; Scotland Yard launched a national investigation into the claims on 27 March 2021, with officials from the Home Office and Department for Education "leading a cross-Government response with senior officers".<sup>]</sup> It was revealed that a helpline was to be set up by the police. The National Police Chiefs' Council said that the issue of rape culture in schools "presented a huge challenge to society". Scotland Yard's rape and sexual offences lead Detective Superintendent Mel Laremore told BBC Radio 4 that the issue is a "national" one, adding that she thinks "it is more widespread than private schools."

Chief Constable Simon Bailey, who is also the National Police Chiefs' Council lead on child protection, said that "this is the next scandal" within schools. He also said "I think schools are quite frankly struggling with the sheer scale of this", and that it's not right that girls are "having to run the gauntlet of sexual harassment, misogyny, the sending of nudes, unsolicited or indecent images being sent to them."

In June 2021 Ofsted released its rapid report on sexual abuse in schools and colleges. It conducted interviews with over 900 children and young people and staff in 32 schools and colleges in England. It said that sexual harassment has become "normalised" among school-age children, with nine in 10 girls having experienced sexist name-calling or were sent explicit photos or videos. It also said that more than two-thirds of girls said they endured unwanted touching "a lot" or "sometimes", while eight in 10 said they had been put under pressure to share sexual images of themselves. The report said that students often do not see the point of reporting abuse and many teachers underestimate the scale of these problems